

CORRECTION

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Correction: The effects of a low carbohydrate diet combined with partial meal replacement on obese individuals

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The original article [1] has been corrected.

Following publication of the original article [1], the authors identified an error in Table 1. The correct table is given below.

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Reference

1. Zhong Y, et al. The effects of a low carbohydrate diet combined with partial meal replacement on obese individuals. *Nutr Metab.* 2023;20:18. <https://doi.org/10.1186/s12986-023-00740-5>.

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Table 1 Groups and interventions

	Week 1–4	Week 5–13
Control group	<ol style="list-style-type: none"> 1) Daily dietary energy intake 800–1500 kcal. 2) Daily carbohydrate intake 50–150 g. 3) Daily staple food intake < 200 g. 4) Recommended \geq 6000 steps/day. 	
Intervention group 1	<ol style="list-style-type: none"> 1) Daily dietary energy intake 800–1500 kcal. 2) Daily carbohydrate intake 50–150 g. 3) 38 g nutritional protein powder for dinner instead of staple foods. 4) Total staple food intake for breakfast and lunch < 150 g. 5) 6 g dietary fiber and 1.5 g fish oil added daily. 6) Recommended \geq 6000 steps/day. 	<ol style="list-style-type: none"> 1) Daily dietary energy intake 800–1500 kcal. 2) Daily carbohydrate intake 50–150 g. 3) Have 38 g nutritional protein powder for breakfast and dinner to replace staple food. 4) Lunch staple food intake < 100 g. 5) 12 g dietary fiber and 3 g fish oil added daily. 6) Recommended \geq 6000 steps/day.
Intervention group 2	<ol style="list-style-type: none"> 1) Daily dietary energy intake 800–1500 kcal. 2) Daily carbohydrate intake 50–150 g. 3) 38 g nutritional protein powder for breakfast and dinner to replace staple foods. 4) Staple food intake for lunch < 100 g. 5) 12 g dietary fiber and 3 g fish oil added daily. 6) Recommended \geq 6000 steps/day. 	

Note: Protein nutritional powder is rich in soybean protein and provides 664 kJ energy/38 g: 20.1 g protein, 5.7 g fat, and 5.4 g carbohydrate. Products provided by Shanghai Nature's Sunshine Health Products Co., Ltd